SENIOR SOLO DANCE	Rhythm Dance: In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 2 min., 50 sec., +/- 10 sec Free Dance: In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 3 min., 30 sec., +/- 10 sec.
JUNIOR SOLO DANCE	Rhythm Dance: In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 2 min., 50 sec., +/- 10 sec Free Dance: In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 3 min., +/- 30 sec.
ADVANCED NOVICE SOLO DANCE	Pattern Dances: In accordance with ISU International Solo Dance Requirements 2024/2025. **The following two (2) Pattern Dances are to be skated - Season 2024/25: Westminster Waltz (2 Sequences) and Tango (2 Sequences).** Skaters shall provide their own music for all Pattern Dances. Free Dance: In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 2 min., 20 sec., +/- 10 sec
INTERMEDIATE NOVICE SOLO DANCE	Pattern Dances In accordance with ISU International Solo Dance Requirements 2024/2025. **The following two (2) Pattern Dances are to be skated - Season 2024/25: American Waltz (2 Sequences) and Killian (4 Sequences).** Skaters shall provide their own music for all Pattern Dances. Free Dance In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 1 min., 50 sec., +/-10 sec
BASIC NOVICE SOLO DANCE	Pattern Dances In accordance with ISU International Solo Dance Requirements 2024/2025. **The following two (2) Pattern Dances are to be skated: Season 2024/25: Tango Fiesta (2 sequences) and Rhythm Blues (2 sequences).** Skaters shall provide their own music for all Pattern Dances. Free Dance In accordance with ISU International Solo Dance Requirements 2024/2025. Duration: 1 min., 30 sec., +/- 10 sec